

PAGANHILL COMMUNITY GROUP (PCG)

NEWSLETTER

Autumn/winter

2024



**Volunteer
awards!!**



**Meet our new
team members,
find out
what's on
& much, much
more !!**



**Four 'warm spaces' will be
held here every week from
September 30th**



**By the community,
for the community!**

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Save the date !!

Paganhill Community Group
The Octagon
Farmhill lane
Stroud
GL5 4BX

hello@paganhill.org.uk
07828 168 857

What's on

Monday

Bingo 12:30 -3pm

Tuesday

Chair yoga 10:30am

Wednesday

Food hub café 1 - 4:30pm

Foodbank 1 - 2:30pm

P3 1 - 3p

Thursday

Tuck shop

Bridge 1 - 4pm

Friday

Food hub 10 - 12pm

**New
tuckshop
every
Thursday!!**



Partner agencies

Hidden homelessness project

Could you or someone you know be effected by hidden homelessness? Hidden homelessness can come in many forms, often not so visible. If you are experiencing unstable, unsafe or temporary housing or struggle to access health & social care services due to sleeping rough Come & see Beth **here at the PCG.**

Phone **PCG 07828 168 857**
for more details

carsinfo@healthcaregloucestershire.co.uk
0800612 5193

Rethink

Rethink offer emotional & practical support with daily living, supporting people with mental health needs to achieve their goals & develop skills to live a meaningful quality of life.

Along with this they offer independent quality housing for tenants with mental health needs. For more information please visit Jane at the community hub every **1st Wednesday of the month.**

heatherj.juniper@rethink.org
01453 766 695

P3

P3 are a charity helping to support people who are experiencing homelessness to get into stable & safe accommodation. They also help people access the services they need to help get their lives back on track.

Here every **Wednesday**
1 - 3pm

stroudcbs@p3charity.org
01453 750 480

Foodbank

Opportunity to collect foodbank every **Wednesday** 1 - 2:30

office@strouddistrict
foodbank.org.uk
01453 367 077

Also...

Hope House, Healthwatch Gloucestershire, Stroud District Council, Stroud Town Council, Citizens Advice, PCSOs on a more ad hoc basis.

Phone **PCG 07828 168 857**
for more details

Meet our new members



Simond Our new director

Hi I'm Simond a business man with a tack record of start ups & company growth in media & technology, primarily in marketing & business development. More recently I have turned my experience to well-being market. I bring a wealth of business management & practical skills to Paganhill community group.

Hello everyone! I'm thrilled to introduce myself as the new administrator of our community group. Its an honour to be a part of such a vibrant & dynamic space. I'm excited to get to know you more & aim to become a strong part of keeping this community thriving. Lets continue building a stronger more connected community! I'm excited for what's ahead!



Jasmin Our new administrator



Kelly Our new volunteer

Kelly started volunteering here with us at the community group & has been a great asset to our team. You can find her on the tuck-shop, helping with general tasks or playing hide & seek with the kids.



Get involved!

Do you have experience with gardening? Perhaps you would like to start a new project?

We are excited to announce voluntary opportunities here at the community hub! These roles offer a chance to give back, improve your skills & connect with the community.

Whether you're passionate about gardening, helping with daily operations or are keen to support community projects, we have something for everyone. Join us in making a difference!

What's available



Help with running Bingo including clear up



Running kids activities



Saturday social organisers



Garden co-ordinator & new members of the tending team

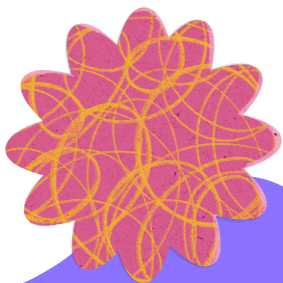


Directors including treasurer

Contact

The Paganhill community group
To find out more about how you can get involved ...

Hello@paganhill.org.uk
07828 168857





The Food - hub

***We run 2 food hub sessions a week
Weds 2.30-4.30 alongside our community cafe
and Fri 10-12***

***We have a range of food from fresh items from
local supermarkets to store cupboard
essentials.***

***Everything is pay as you can and everyone is
welcome***

***“Safe
space”***

***“Family
friendly”***

“Welcoming”

***“The families i help out
thanks to the
community hub is
beyond amazing!!
Words are not enough -
you’re all super helpful.
beautiful hub family.”***

***“ The food hub is brilliant,
such an amazing group of
people & a massive help in
these times . The staff are
friendly & welcoming.”***



Feeding the community stats

From 1st March to 31st August we spent **£6881.55** on food for the community and received **£1275.74** in donations.

We fed a whopping 1685 people!

This means on average people are donating 76p each time they access food.

With colder months coming up & the cost of living crisis our hope is to continue supporting our communities wellbeing during these tougher times. Holding a warm space with hot food is a vital ingredient for this.

Low donations at the community hub can lead to shortfalls, limiting essential services. We are not a service led organisation, we are a community & need to work together to ensure that we can keep supporting community.

This financial strain reduces the numbers we can feed, increases reliance on external funding & ultimately weakens the ability to support vulnerable individuals in the community.

Donating that little extra will give us greater opportunity to support you in these frosty months by holding a warm space with hot food, feed our more vulnerable community members who may be struggling to access other beneficial services & support.

Help us help you



VOLUNTEER

We celebrated our precious volunteers by literally getting the red carpet out! The community voted for awards such as 'positivity award' and 'best listener' and volunteers were awarded with a certificate and small gift. Garfield was nominated for many awards but sadly did not win any, when asked about this he said 'meow' We run almost entirely on volunteers and without their amazing work, we would not be able to have the activities we do such as Bingo, Cafe and the food hubs.



APPRECIATION

Warm spaces



As Autumn begins and the cold weather creeps in, we will be hosting 4 'warm spaces' sessions every week from 30th September at the Octagon. Mondays 12-2 - a pay as you can hot meal, hot drinks and space to read or the option to join in with Bingo at £1 a book.

Wednesdays 1-4.30 - our community café is pay as you can with a variety of hot meals and drinks, our food hub and advice and support from Stroud District Foodbank, P3 and more.

Thursdays 10-12 - the Octagon will be open with free hot drinks available.

Bring a book or borrow one of ours, play a game or bring a craft project.

Fridays 10-12 - our Foodhub will be open with pay as you can hot drinks and toast available.

Everyone is welcome and we would love to see you.



You are invited to

Paganhill Community Group Annual Meeting

Saturday 2nd November
10-12
Followed by a light lunch

Let's Celebrate Another 12 Months of
Being
"By The Community, For The
Community"
Reflect On The Last Year
Plan For The New Year
Meet With Our Neighbours and Meet
The Directors



Save the date

Join us for a festive celebration filled with joy, laughter & holiday cheer!

Date 14th December

Time 1.30 - 3pm

Location The Octagon

We would love your input!

If you have an ideas for activities, festive suggestions or decorations that you would like to bring whether a fun game, unique theme or creative entertainment we would love to hear from you.

We look forward to celebrating together!

What's on half term

During half term PCG will be holding warm spaces at the Octagon .

Monday Come & join us for breakfast club & autumn crafts 9.30-11am

Wednesday cafe will continue at usual times 1-4.30pm

Thursday we will be having a pumpkin party with soup, crafts & pumpkin carving 10-12pm

Friday get crafting & enjoy some hot food 10-12pm

